GOAL DIGGER A GUIDE TO APPROACHING YOUR FUTURE

WITH INTENTION

IDENTIFY YOUR VISION

RAPID FIRE BRAINSTORM

"Even when we're brainstorming, we often put parameters on our thoughts or edit and second-guess ourselves while we're writing. Not today! For approximately 5 minutes, free write below about what you want to accomplish in your lifetime. Brainstorm without limits. . . nothing is too big, silly, challenging, etc.!

PASSIONS & TALENTS

- 1. WHAT MAKES YOU FEEL ALIVE?
- WHAT ARE SOME OF THE BEST COMPLIMENTS, FEEDBACK, OR POSITIVE PRAISE YOU'VE RECEIVED? 2.
- 3. WHAT TASKS, PROJECTS, JOBS, EXPERIENCES HAVE BROUGHT YOU THE MOST JOY?

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